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Date: May-23  
From: Andrew Bish, President, Hemp Feed Coalition  
Subject: Hemp Farming: A Catalyst for Regenerative and Sustainable Agriculture

From The Desk of  
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## Hemp Farming: A Catalyst for Regenerative and Sustainable Agriculture

Hemp cultivation is not only adaptable and beneficial to soil health, but it also stands as a cornerstone of regenerative and sustainable farming practices. Thriving best in sandy loamy soils, hemp's water requirements are remarkably modest, requiring less than 6" of rainfall per growing season, and yielding significantly better with 10" and above.

Nitrogen-wise, hemp's interaction is distinctive. While traditional crops often exhaust soil nitrogen, necessitating about 100 usable units of synthetic nitrogen fertilizer per acre, hemp enhances the soil's nitrogen content naturally. This reduces the need for artificial fertilizers and contributes to more sustainable farming. Depending on regional conditions, hemp can also benefit from phosphorus, potassium, and sulfur applications, crucial for plant health and productivity.

Hemp's deep roots, penetrating several feet, reinforce soil structure, curb erosion, and augment soil organic matter. Its rapid growth and dense foliage suppress weeds, reducing reliance on herbicides. Moreover, hemp possesses phytoremediation properties, absorbing and detoxifying pollutants, offering a solution to rejuvenate contaminated lands.

Most notably, hemp plays a significant role in regenerative farming practices. It aids in restoring soil health, sequestering carbon, and fostering biodiversity. Hemp's fast growth rate and dense biomass capture large amounts of carbon dioxide, mitigating greenhouse gas emissions, a key factor in climate change. Its diverse growing conditions and rapid lifecycle allow for multiple crop rotations, fostering biodiversity and soil health.

In summary, hemp cultivation promotes sustainable and regenerative agriculture through improving soil health, optimizing resource usage, and detoxifying polluted lands. I encourage your support for policies that favor the expansion of hemp farming, a valuable crop enhancing our agricultural system's productivity and sustainability.